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Hi Member,

The Army plans to eliminate the Adolescent Support and Counseling Services (ASACS) program after the 2025–26 school year—despite rising mental health needs in DODEA schools. ASACS has provided essential support for students facing trauma, anxiety, and depression. Its loss puts thousands at risk.

A recent [GAO Report](#) found:

- 1 in 50 students assessed for suicide risk in 2024–25
- Current psychologist-to-student ratio: 1:832 (recommended: 1:500)
 - Even with 21 new hires, the ratio improves only to 1:753

Without assessors, psychologists will be even more overwhelmed, unable to meet the growing need for long-term mental health care.

Read the coverage:

[Stars and Stripes: Army to End Mental Health Program for Military Kids](#)

Help Us Push Back

We need your voice. Tell us:

- How are the cuts impacting your students?
- How are staffing shortages affecting your school
- What support do you and your colleagues need?

Your stories will guide FEA’s advocacy and may help launch a Congressional campaign to restore these vital services.

As You Recharge This Summer

We know many of you are finally getting some well-earned rest. As you recharge, here are a few tips for managing stress and self-regulating:

- Unplug regularly – Step away from screens and notifications
- Move your body – Even a short walk can help ease stress
- Connect with joy – Spend time on hobbies or with people who bring you peace

Take care of yourselves. Your well-being matters just as much as the students you serve.

In solidarity,

Federal Education Association

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